



# SPORTS UNIVERSITY OF HARYANA

A HARYANA GOVERNMENT UNIVERSITY | UGC RECOGNISED

2026 - 2027

## PROSPECTUS

Nurturing talent, inspiring excellence, and building future champions through education, discipline, and sports



Location Link



Website Link

📍 20th Mile Stone (Biswa-Mil), Rai, Sonapat

🌐 [www.suoh.ac.in](http://www.suoh.ac.in)

📱 [f](https://www.facebook.com/sportsuniversity_haryana) [X](https://www.instagram.com/sportsuniversity_haryana) [i](https://www.instagram.com/sportsuniversity_haryana) [s](https://www.instagram.com/sportsuniversity_haryana) sportsuniversity\_haryana



# CONTENTS

## Section - I

### The University

- |                                 |    |
|---------------------------------|----|
| 1. Message from Vice-Chancellor | 04 |
| 2. About the University         | 05 |

### Admission Information

- |   |    |
|---|----|
| 3. Department of Physical Education and Sports, Department of Sports<br>Science | 06 |
| 4. Academic and Coaching Programmes Offered                                     | 07 |
| 5. Admission Schedule   | 34 |
| 6. Dates of Physical Fitness Test   | 34 |
| 7. Display of Merit List for UG and PG Programmes                               | 34 |
| 8. Distribution & Reservation of Seats in Various Programmes                    | 35 |

## Section - II

### Miscellaneous Information

- |                              |    |
|------------------------------|----|
| 9. Miscellaneous Information | 37 |
| 10. Prohibition of Ragging   | 41 |



# Sports University of Haryana

Rai, Sonipat

Established under the State Legislative Act, 21 of 2022 and recognised by UGC under 2(f) of the UGC Act, 1956



## Message from Vice-Chancellor

Dear Students and Parents,

It gives me immense satisfaction to welcome you to the Sports University of Haryana for the academic session 2026–27. Our vision is to emerge as a global leader in sports education, research, and innovation, while fostering a culture of excellence, integrity, and sportsmanship. Through strong collaboration with industry partners and focused research initiatives, we are committed to advancing physical education, sports science, and technology, and to shaping the future of athletic performance and injury prevention.

Over the years, the University has evolved into one of the leading institutions in its domain. I take pride in sharing that we have now emerged as the third largest university in India in the field of physical education and sports sciences in terms of student strength. The last batch of PGDSC achieved around 65% placement. We are recognized by the Sports Authority of India for the recruitment of coaches. This growth reflects the trust reposed in us and the consistent efforts made to build a robust academic and sporting ecosystem.

Our endeavour is to develop the University into a hub of sporting excellence and to position it among the leading institutions in sports education in India, with a long-term vision of achieving global eminence. We are committed to creating an ecosystem that fully supports athletes and medal winners, enabling them to train and perform at their highest potential while ensuring that their academic progress continues seamlessly. The academic session has been marked by vibrant engagement beyond classrooms as well. The University has organised more than 15 workshops and a national-level conferences, bringing together eminent experts from India and abroad. These initiatives have enriched the learning environment and provided exposure.

I am pleased to highlight the commendable achievements of our students on competitive platforms. The University participated in 38 events in the AIU competitions and secured 9 medals. Our athletes also earned 7 medals at the prestigious Khelo India Games. Overall, our students have secured nearly 100 medals across state, national, international, zonal, and AIU events during the current academic session. This accomplishment reflects their dedication, discipline, and relentless pursuit of excellence.

You are invited to be a part of this institution where commitment, perseverance, and integrity form the cornerstone of all endeavours. Together, we shall continue to strengthen Haryana's rich sporting legacy and contribute meaningfully to India's rise on the global sporting stage. I am confident that your journey with us will be both enriching and transformative.

Best Wishes

**Ashok Kumar**  
Vice-Chancellor

## **About the University**

The Sports University of Haryana, Rai, is recognized under section 2 (f) by the University Grants Commission (UGC) Act, 1956 and is a member of the Association on Indian Universities (AIU). The university is dedicated to becoming a premier institution for the study of sports, offering advanced education in physical education, sports technology, sports management, coaching, and sports sciences. The university's mission includes fostering research, sharing knowledge, and creating innovative academic and training programs in these areas. It aims to provide leadership in the fields of physical education and sports sciences, developing skills and expertise across various levels. With a vision to serve as a hub for sports education and high-performance training, the university seeks to build strong partnerships with sports academies, schools, colleges, clubs, associations, and international federations, supporting comprehensive teaching, training, and research activities. This university is going to play a pivotal role in nurturing elite athletes and sports professionals to support India's Mission Olympic 2036. Through these efforts, the university intends to boost the sports ecosystem in Haryana and contribute to India's rise as a significant player in the global sports arena.

## Department of Physical Education and Sports

### **Brief Introduction**

The Department of Physical Education and Sports under the School of Physical Education and Sports at the Sports University of Haryana was established in 2023 with the vision to promote and enhance the field of physical education and sports in the region. Recognizing the significance of physical activity and sports in overall human development, the department aims to provide comprehensive education and training to aspiring professionals in the field. The department offers various courses and programs encompassing various aspects of physical education, sports science, coaching, and fitness training. The department's rigorous curriculum focuses on equipping students with theoretical knowledge, practical skills, and hands-on experience to excel in their chosen careers. In addition to academic excellence, the Department of Physical Education emphasizes research and innovation in the field. The department's state-of-the-art infrastructure and dedicated faculty members provide a conducive learning environment that fosters physical fitness, sportsmanship, and teamwork. It also collaborates with national and international sports organizations, facilitating opportunities for students to gain exposure to competitive sports events and interact with renowned athletes and coaches.

## Department of Sports Science

### **Brief Introduction**

Sports Sciences is an untapped domain in Indian academia, and the country has an immense need for sports science professionals. Therefore, the School of Sports Sciences was established in 2024 with the objective to promote innovation in sports sciences and provide all the required technical support to the budding athletes of the university, as well as players of higher potential. The various courses in sports sciences provide a practical and scientific approach to students, focusing on the assessment of athlete performance, monitoring of athlete performance, and providing scientific interventions for enhancing athlete performance. These courses have been structured to foster innovative learning, professional competency and professional aptitude among students, which is required to excel in this rapidly growing domain. Further curriculum has been prepared to maximise the career opportunities for the students. The school has a vision to develop an internationally recognised curriculum, in collaboration with global institutes and experts, to foster professional aptitude among students and provide them with international exposure through interactions with elite athletes.

## Academic and Coaching Programme Offered

### Section-A (Academic Programme)

SN	Name of the Programme	Duration of the Programme	Eligibility for Admission	Seats Available for Admission	Medium of Instruction	Mode of Admission	Programme Fee
1	Bachelor of Physical Education and Sports (B.P.E.S)	03/04 Years* See note 2	-10+2 with 50% marks (5% relaxation in case of Participation in games at the National/ International level recognized by IOA or students belonging to SC/ST category) *	150	English/ Hindi	The merit of the qualifying examination + Sports Weightage	Rs. 15,000/- per annum or (7500 for each Semester)
2	B.Sc. (Sports Science)	03/04 Years* See note 2	-10+2 with 50% marks (5% relaxation in case of Participation in games at the National/ International level recognized by IOA or students belonging to SC/ST category) *	50	English/ Hindi	The merit of the qualifying examination + Sports Weightage	Rs. 20,000/- per annum or (10000 for each Semester)
3	Master of Physical Education and Sports (M.P.E.S)	02 Years	BSS, BSc (Sports Science), BPES, BPE, B.P.Ed, B.A. Physical Education with -50% Marks and (5% relaxation in case of Participation in games at the National/ International level recognized by IOA or students belonging to SC/ST category) *	30	English/ Hindi	The Merit of the qualifying examination + Sports Weightage	Rs. 20,000/- per annum or (10000 for each Semester)
4	MSc (Sports Science)	02	Bachelor's or BSS, BSc (Sports Science), BPES, B.P.Ed, B.A. Physical Education with -50% Marks and (5% relaxation in case of Participation in games at the National/ International level recognized by IOA or students belonging to SC/ST category) *	20	English/Hindi	The Merit of the qualifying examination + Sports Weightage	Rs. 20,000/- per annum or (10000 for each Semester)
4	Ph.D. in Physical Education	As Per Ph.D. Ordinance and UGC Guidelines	-Master's Degree in Physical Education, Concerned or Allied Subject with 55% Marks and (5% relaxation in case of students belonging to SC/ST category)	10 or May Increase Subject to the Availability of Supervisors	English	As per the New UGC Guidelines, which include JRF, NET, or NET Scores as eligibility for admissionis	Given Separately
5	PG Diploma in other Disciplines	1 Year	Graduation with concerned/ allied/	25	English/ Hindi	The Merit of the qualifying	Rs. 20,000 p.a.

(Sports Psychology, Sports Nutrition, Sports Management, Strength And Conditioning, Sports Journalism and Mass communication)		relevant disciplines or any Bachelor in any stream and 50% marks			examination+ Sports Weightage	(10,000 for each Semester)
---	--	--	--	--	-------------------------------	----------------------------

**Note 1.:** In addition to the above eligibility conditions, minimum district-level participation is required to be eligible for the above programmes. However, the overall eligibility clause may be relaxed with the permission of the Vice-Chancellor, SUOH.

**Note 2.:** \* The bachelor programme at Sr. 1 and 2 will be offered as per NEP 2020 with multiple entry and exit options. After securing a minimum of 40 and 80 credits, the students exiting the programme will be awarded a UG Certificate in Physical Education and Sports/ / BSc (Sports Science) and a Diploma in Physical Education and Sports / BSc (Sports Science), respectively, provided they secure an additional 4 credits in the Summer Internship after the two and four semesters. Similarly, after the sixth semester and securing a minimum of 120 credits, including summer internship, one will be awarded an undergraduate degree in Bachelor of Physical Education and Sports (BPES) / BSc (Sports Science), and after completion of the eighth semester and securing a minimum of 180 credits, one will be awarded a UG degree in Bachelor of Physical Education and Sports (BPES)/ / BSc (Sports Science) with Honours or Honours with research.

**Note 3.:** \*\* The flexible attendance in BPES, BSc, MPES program is designed to cater to high-calibre athletes (national medallist and above), particularly those actively participating in national camps (i.e. Indian Team). This specialized program aims to accommodate elite athletes' rigorous training schedules and commitments while providing them with a comprehensive education in physical education and sports. Over and above any flexibility needs permission of Vice Chancellor.

**Note 4:** A minimum of 10 admissions is required for the start of the programme (except for the Ph.D.); however, this requirement may be relaxed by the Vice-Chancellor.

**Note 5:** The overall intake may be increased with the permission of the Vice-Chancellor.

**Note 6:** After the closing date for admission, the Vice Chancellor may grant an extension of the date.

**Note 7:** The Formula to calculate Merit of Qualifying Exam: Percentage Scored X 3/5; (60/Weightage) and Sports Weightage: Total Sports Marks X 2/5; (40% Weightage)

**Physical Efficiency Test (PET)/ Canadian Test:**

Male candidates must clear the following events/ activities in a sequence from the starting line within 32 seconds, and the total distance would be 75 meters:

- i. 10 feet long jump
- ii. Vaulting Horse of 4 feet 8 inches in height
- iii. Seven times crossing over the width of 5 feet river/pit.
- iv. Crossing over the hurdle of 3 feet height
- v. Forward roll-on mat.
- vi. Carrying two buckets of sand up to the finishing line 25 meters away.

(b) Female candidates must clear the following tests in a sequence from the starting line within 35 seconds, and the total distance would be 70 meters:

- i. 8 feet long jump
- ii. Vaulting Horse of 3 feet 2 inches in height
- iii. Five times crossing over the width of 4 feet river/pit
- iv. Crossing over the hurdle of 2 feet height
- v. Forward roll-on mat
- vi. Carrying two buckets of sand up to (2/3 filled) the finishing line, 20 meters away

**Important: The PET will be a qualifying test for admission to BPES, B.Sc. (Sports Science), M.Sc. (Sports Science), and MPES. In recognition of the genuine active sportspersons who have represented at the national/ international level, will be exempted from the Physical Fitness Test in BPES, B.Sc. (Sports Science), M.Sc. (Sports Science), and MPES.**

**DIRECT ADMISSION (other than Ph.D.):** Direct admission (10% Supernumerary of the total intake of the programme) will be provided to candidates who have:

- Represented India in recognized Games and Championships, i.e., Olympics Games, Commonwealth Games, Asian Games, World Championships, Asian Championships
- Medallist of National Games, Senior Nationals, Khelo-India University Games and Khelo-India Youth Games
- Medallist Recognised Youth and Junior Nationals

Note: Preference shall be given to games/sports included in the Olympic Games

### Sports Weightage (Except PhD and PG Diploma in Sports Coaching)

Sr. No	Position/ Participation	Marks
1.	Gold Medalist in recognized International Competition	20
2.	Silver Medalist in recognized International Competition	18
3.	Bronze Medalist in recognized International Competition	16
4.	Participation in recognized International Competition / Gold Medalist in National/All India University/Khelo India University/Khelo India Youth Games or equivalent	15
5.	Silver Medalist in National/All India University/Khelo India University/Khelo India Youth Games or equivalent	13
6.	Bronze Medalist in National/All India University/Khelo India University/Khelo India Youth Games or equivalent	11
7.	Participation in recognized National/All India University/Khelo India University/Khelo India Youth Games or equivalent or Gold Medalist in recognized state competition	10
8.	Silver Medalist in recognized state competition	08
9.	Bronze Medalist in recognized state competition	06
10.	Participation in recognized state competition/ Gold Medalist in recognized District competition	04
11.	Silver Medalist in recognized District competition	03
12.	Bronze Medalist in recognized District competition	02

### Fee Structure for Ph.D. in Physical Education

Sr. No.	Purpose	Amount
1.	Enrolment Fee (to be given at the time of admission)	Rs. 05,000/-
2.	Migration Fee (if not registered with SUOH) to be paid at the time of admission	Rs. 02,000/-
3.	Course Work Fee (To be given within two weeks from the date of commencement of Course Work)	Rs. 15,000/-
4.	Ph.D. Registration Fee	Rs. 10,000/-
5.	Annual Fee (to be given within one month from the registration date in PGBOS).	Rs. 15,000/-
6.	Evaluation Fee (at the time of submission of Ph.D. thesis)	Rs. 20,000/-
7.	<u>Late Fee for delayed payment of Annual Fee</u>	
	a) Up to six months	Rs. 03,000/-

- b) Beyond six months Rs. 06,000/-
8. Late Fee for delayed payment of Ph.D. Registration Fee
- a) Within a period of 03 months Rs. 05,000/-
- b) Within a period of 06 months Rs. 07,000/-
- c) Within a period of 01 year Rs. 09,000/-
9. Extra fee for extension of Ph.D. thesis submission period
- a) For the 5th year Rs. 20,000/
- b) For the 6th year Rs. 40,000/-
- c) For the 7th year Rs. 60,000/-
- d) For the 8th year Rs. 80,000/

### Section-B (Coaching Programme)

SN	Name of the Programme	Duration of the Programme	Eligibility for Admission	Seats Available for Admission	Medium of Instruction	Mode of Admission	Programme Fee
1	PG Diploma in Sports Coaching (Archery, Athletics, Badminton, Basketball, Boxing, Cricket, Football, Handball, Hockey, Judo, Lawn-Tennis, Kabaddi, Swimming, , Shooting, Fencing, Taekwondo, and Netball, Volleyball, Wrestling, Yogasana)	One (01) Year	See note-7 below	25 each *	English/Hindi	See note-7 below	Rs. 40,000 p.a. (20000 for each Semester)

Note: \*(Athletics, Wrestling, Kabaddi with 40 seats per Diploma)

Note:7. Eligibility for PG Diploma in Sports Coaching:

#### I. CATEGORY-A (DIRECT ADMISSION FOR EMINENT SPORTS PERSONS)

Minimum Educational Qualifications	Graduation in Any Stream with 45% marks
Minimum Sports Achievements:	<ul style="list-style-type: none"> <li>• Olympics – Medal Winners / Participation</li> <li>• Senior – World Championship – Medal Winners / Participation</li> <li>• Senior – ICC World Championship – Medal Winners / Participation</li> <li>• Senior – ICC World Cup – Medal Winners / Participation</li> <li>• Senior – ICC Champions Trophy – Medal Winners / Participation</li> <li>• Senior – Grand Slam &amp; World Cup (<i>FIFA or equivalent</i>) – Medal Winners / Participation</li> <li>• Senior – World Grand Prix &amp; World Cup (<i>not equivalent to FIFA</i>) – Medal Winners / Participation</li> <li>• Senior – Asian Games – Medal Winners / Participation</li> <li>• Senior – Asian Championship – Medal Winners / Participation</li> </ul>

	<ul style="list-style-type: none"> <li>• Senior – Commonwealth Games – Medal Winners / Participation</li> <li>• Senior – Commonwealth Championship – Medal Winners</li> <li>• Senior – World University Games – Medal Winners</li> <li>• Senior – Asia Level Cup (<i>Football or equivalent</i>) – Medal Winners</li> <li>• Junior/Youth – World Championship – Medal Winners / Participation</li> <li>• Junior/Youth – Olympic Games – Medal Winners / Participation</li> <li>• Junior/Youth – Asian Games / Championship – Medal Winners</li> <li>• Junior/Youth – World Cup (<i>Football or equivalent</i>) – Medal Winners</li> <li>• Junior/Youth – ICC U-19 World Cup – Medal Winners / Participation</li> <li>• Junior/Youth – ACC U-19 Asia Cup – Medal Winners</li> <li>• Junior/Youth – BCCI U-19 National Championship – Medal Winners</li> <li>• Cadet/U-16 –BCCI/ICC/ACC Recognized Championship – Medal Winners</li> <li>• Cadet – World Championships – Medal Winners</li> </ul>
--	---

**Note:**

1. During the admission process, candidates selected under category A **as per Merit List** are exempted from appearing in the online/offline admission tests, and Online/ Offline/Physical interview Subject to clear/pass the Medical Examination, General Fitness & Sports Skill Test.
2. Filling of application process will remain same for category A as per other categories.
3. In addition to the number of vacancies advertised against each sport discipline, Four Supernumerary vacancy (Two for men and two for women) will be additionally for candidates in category A.
4. In case of more than two candidates (per gender) in one sport discipline, Candidates will be selected based on the Merit List Prepared.
5. In case of Score tie (within the same gender group), admission will be given to the candidates who is elder in age.
6. Rest of the eligible candidates in this category have to undergo the entire selection process based on merit as applicable to candidates in other categories.
7. In case of vacancy falling short due to non- availability of candidate in any sport discipline, the vacancy assigned to that sport can be diverted to other sport disciplines if requirement so exists. The diversion of vacancies from one sport to other will be finalised by the permission of the Vice Chancellor of Sports University of Haryana, Rai.

**II. CATEGORY-B**

<b>Minimum Educational Qualifications</b>	<b>Graduation in Any Stream with 50% marks, 5% relaxation shall be given to the candidate belonging to SC/ST category</b>
<b>Minimum Sports Achievements:</b>	<p>A) <u>Participation in</u> Major International recognized competition other than mentioned in Category – A.</p> <p style="text-align: center;"><b>OR</b></p> <p>B) <u>Participation in any of the following:</u></p> <ol style="list-style-type: none"> <li>1. Recognized Senior National Championships</li> <li>2. Khelo India University Games</li> <li>3. All India Inter University games</li> </ol> <p style="text-align: center;"><b>OR</b></p> <p>C) <u>Two times participation in any of the following:</u></p> <ol style="list-style-type: none"> <li>1. Recognized Junior/Youth National Championship</li> <li>2. Inter Services/Inter Railways Championships/All India Police Games</li> <li>3. Khelo India Youth/Khelo India School Games.</li> </ol>

### III. CATEGORY-C (ONLY FOR NORTH-EAST CANDIDATES)

<b>Minimum Educational Qualifications</b>	<b>Graduation in Any Stream with 50% marks</b>
<b>Minimum Sports Achievements:</b>	<ol style="list-style-type: none"> <li>1. Medal Winner in North East Games</li> </ol> <p style="text-align: center;"><b>OR</b></p> <ol style="list-style-type: none"> <li>2. Two times participation in North East Game <b>OR</b></li> <li>3. Fulfilling the criteria as mentioned in category B above.</li> </ol>

### IV. AGE CRITERIA:

The age limit for applicants for the course shall be 21-45 years as on the last date of submission of application.

Upper Age relaxation up to **Five** years shall be given to:

1. The candidate who has participated in Olympic Games/Senior World Championship/Asian Games/Senior Asian Championship/Commonwealth Games/Senior Commonwealth Championship.
2. Candidates belonging to SC/ST/BC-A/BC-B category of Haryana state only.
3. In service and Ex-service candidates from Armed Forces of India.

### V. ALLOTMENT OF MARKS FOR ADMISSION CRITERIA:

The final selection of candidates shall be based on a merit list based on marks achieved in accordance with the following criteria:

Sl. No	Items	Marks
1	Educational Qualifications	05
2	Sports Achievements	20
3	Written Test (Specialized Sports Theory Test, General Knowledge Theory, Logical Reasoning & Coaching	40

	Aptitude, Language & Communication, Basic Computer Knowledge)	
<b>4</b>	General Fitness Test	15
<b>5</b>	Specialized Sports Skill Test	20
<b>Total Marks</b>		100

\* Online/Offline test shall be conducted for S.No. 3 (No TA/DA will be provided for the same)

**Candidates scoring at least 30% in the final merit shall be eligible for admission in PG Diploma in Sports Coaching Programme and this condition may be relaxed by the approval of the Vice-chancellor.**

The admission committee is fully empowered to conduct the written test themselves or may take the services of any outside agency/institution/ university. Further, the admission committee may relax the condition of conducting a written test considering the number of applications, seats available and feasibility factors and consequently prepare the merit list out of 60 Marks instead of 100 Marks.

#### VI. MARKS FOR EDUCATIONAL QUALIFICATIONS:

Candidate with additional educational qualification will be awarded marks as per the following qualifications: -

<b>EDUCATIONAL QUALIFICATION *</b>	<b>Marks</b>
6-Week Certificate Course	<b>Grade A: 02 Marks Grade B: 1.5 Marks Grade C: 01 Mark</b>
BPES/BPEd/ BPE/B.Sc. Sports Science/Post Graduate in any subject other than Physical Education	03
MPES/MPEd/ M.Sc. Sports Science/ MBA in Sports Management	04
Ph.D. in Physical Education/ Ph.D. in Sports/ Ph.D. in Sports Sciences	05

*\*Only the highest educational qualification will be considered for marks grading subject to submission of the document at the time of the application itself.*

#### VII. MARKS FOR SPORTS ACHIEVEMENTS:

Candidates with sports achievements shall be awarded marks as per the following table: -

<b>Sr. No.</b>	<b>Sports Achievements*</b>	<b>Marks Allotted</b>
<b>1</b>	Medal Winners – Olympics	20
<b>2</b>	<i>Medal winners:</i> Senior - World Championship Senior - Grand Slam & World Cup (*FIFA OR Equivalent) ICC Cricket World Cup ICC World Test Championship ICC T20 World Cup <i>Participation – Olympics</i>	18

3	<p><i>Medal winners:</i>  Senior – Asian Games  Senior – World Grand Prix &amp; World Cup (*Other Sports (OS) not equivalent to FIFA)  ICC Champions Trophy</p> <p><i>Participation:</i>  Senior - World Championship  Senior - Grand Slam &amp; World Cup (*FIFA OR Equivalent)  ICC Cricket World Cup  ICC World Test Championship  ICC T20 World Cup</p>	16
4	<p><i>Medal winners:</i>  Senior - Asian Championship  Senior - Commonwealth Games  Junior/Youth - World Championship  Junior/Youth - Olympic Games  ICC U-19 World Cup</p> <p><i>Participation:</i>  Senior –World Grand Prix &amp; World Cup (*OS not equivalent to FIFA)  Senior –Asian Games  ICC Champions Trophy</p>	14
5	<p><i>Medal winners:</i>  Senior – Commonwealth Championship Senior - World University Games  Senior – Asia level Cup (*Football or equivalent)  Junior/Youth – Asian Games/Championship  Junior/Youth - World Cup (*Football or equivalent)  Cadet - World Championships</p> <p><i>Participation:</i>  Senior – Asian Championship  Senior - Commonwealth Games Junior/Youth - World Championship  Junior/Youth - Olympic Games</p>	12
6	<p><i>Medal winners:</i>  Senior - National Games  Senior - Asia level Cup (*OS not equivalent to football) Junior/Youth - Commonwealth Games/C'ship</p> <p><i>Participation:</i>  Senior – Commonwealth Championship Senior - World University Games  Senior – Asia level Cup (*Football or equivalent) Junior/Youth – Asian Games/Championship  Junior/Youth - World Cup (*Football or equivalent) Cadet - World Championships</p>	10
7	<p><i>Medal winners:</i>  Senior - World Military/Police Games  Senior – BRICS/SAARC/SAAF Games OR C'ship Senior - National Championship</p> <p><i>Participation:</i>  Senior - National Games  Senior - Asia level Cup (*OS not equivalent to football)  Junior/Youth - Commonwealth Games/C'ship</p>	08

<b>8</b>	<i>Medal winners:</i> All India - Inter-University Junior/Youth – BRICS/SAARC/SAAF Games/C’ship Cadet – Asian Championships Khelo India - University Games <i>Participation:</i> Senior - World Military/Police Games Senior – BRICS/SAARC, SAAF Games OR C’ship Senior - National Championship	06
<b>9</b>	<i>Medal winners:</i> Senior - All India Military/Police Games Junior/Youth - National Championships Cadet- Commonwealth Championship <i>Participation:</i> Junior/Youth – BRICS/SAARC, SAAF Games OR C’ship Cadet – Asian Championships	04
<b>10</b>	<i>Medal winners:</i> Cadet - National Championships Khelo India - Youth National Games <i>Participation:</i> Cadet - Commonwealth Championship	02

*\*Only the highest sports qualification will be considered for marks grading subject to submission of the document at the time of the application itself.*

#### **VIII. SYLLABUS FOR ON-LINE/OFF-LINE ADMISSION TEST:**

- Specialised Sport theory Test - Basic terminology, abbreviation, technical rules, specification of play fields/courts/arena/equipment and competition format.
- General knowledge - current affairs, basic sports awareness at national and international level, awards, rural sports in the country and sports promotional schemes.
- Logical reasoning and coaching aptitude - Numerical, relationship, sequential, diagrammatic, reasoning pattern of intermediate standard. Fault finding, problem solving and analytical aptitude.
- Language and communication test - Grammar, comprehensive, synonyms, antonyms of matric standard in English.
- Basic computer knowledge - Basic knowledge of Microsoft office and excel, terminology of computer and internet.

#### **IX. GENERAL FITNESS & SPORTS SKILL TESTS:**

Candidates shall be required to undergo the **General Fitness Test (05 marks)** and **Sports-Specific Skill Test (20 marks)** as part of the admission process, and both shall carry weightage in the overall merit. The detailed criteria, assessment parameters and norms for Male and Female candidates for General Fitness Test are as follows:

##### **General Fitness Test**

##### **A. For Male Candidate:**

Sl. No.	TEST	21-30 years	Score	31-35 years	Score	36-40 years	Score	41-45 years	Score	46-50 years	Score
<b>1</b>	30 mtr.	4.8 sec	3.00	5 sec	3.00	5.2 sec	3.00	5.4 sec	3.00	5.6 sec	3.00

2	Flying sprint	5.0 sec	1.50	5.2 sec	1.50	5.4 sec	1.50	5.6 sec	1.50	5.8 sec	1.50
		5.2 sec	0.75	5.4 sec	0.75	5.6 sec	0.75	5.8 sec	0.75	6 sec	0.75
		5.4 sec	0	5.6 sec	0	5.8 sec	0	≥6 sec	0	6.2 sec	0
		1.6 m	3.00	1.55 m	3.00	1.5 m	3.00	1.45 m	3.00	1.4 m	3.00
2	Standing broad jump	1.55 m	1.50	1.5 m	1.50	1.45 m	1.50	1.4 m	1.50	1.35 m	1.50
		1.5 m	0.75	1.45 m	0.75	1.4 m	0.75	1.35 m	0.75	1.3 m	0.75
		1.45 m	0	1.4 m	0	1.35 m	0	1.3 m	0	1.25 m	0
		16.5 sec	3.00	17 sec	3.00	17.5 sec	3.00	18 sec	3.00	18.5 sec	3.00
3	6 x 10 mtr Shuttle Run	17 sec	1.50	17.5 sec	1.50	18 sec	1.50	18.5 sec	1.50	19 sec	1.50
		17.5 sec	0.75	18 sec	0.75	18.5 sec	0.75	19 sec	0.75	19.5 sec	0.75
		18 sec	0	18.5 sec	0	19 sec	0	19.5 sec	0	20 sec	0
		4 cm	3.00	3.5 cm	3.00	3 cm	3.00	2.5 cm	3.00	2 cm	3.00
4	Bend and Reach Test	3.5 cm	1.50	3 cm	1.50	2.5 cm	1.50	2 cm	1.50	1.5 cm	1.50
		3 cm	0.75	2.5 cm	0.75	2 cm	0.75	1.5 cm	0.75	1 cm	0.75
		2.5 cm	0	2 cm	0	1.5 cm	0	1 cm	0	0.5 cm	0
		7:30.0 Min	3.00	8:0. Min	3.00	8:30. Min	3.00	9:00. Min	3.00	9:30. Min	3.00
5	1600 mtr Run	8:0.00 Min	1.50	8:30. Min	1.50	9:00. Min	1.50	9:30. Min	1.50	10:00. Min	1.50
		8:30.00 Min	0.75	9:00. Min	0.75	9:30. Min	0.75	10:00. Min	0.75	10:30. Min	0.75
		9:00.00 Min	0	9:30. Min	0	10:00. Min	0	10:30. Min	0	11:00. Min	0

## General Fitness Test

### B. For Female Candidate:

Sl. No.	TEST	21-30 years	Score	31-35 years	Score	36-40 years	Score	41-45 years	Score	46-50 years	Score
1	30 mtr. Flying sprint	5.40 sec	3.00	5.6 sec	3.00	5.8 sec	3.00	6 sec	3.00	6.2 sec	3.00
		5.6 sec	1.50	5.8 sec	1.50	6 sec	1.50	6.2 sec	1.50	6.4 sec	1.50
		5.8 sec	0.75	6 sec	0.75	6.2 sec	0.75	6.4 sec	0.75	6.6 sec	0.75
		≥6 sec	0	6.2 sec	0	6.4 sec	0	6.6 sec	0	6.8 sec	0
2	Standing broad jump	1.4 m	3.00	1.35 m	3.00	1.3 m	3.00	1.25 m	3.00	1.2 m	3.00
		1.35 m	1.50	1.3 m	1.50	1.25 m	1.50	1.2 m	1.50	1.15 m	1.50
		1.3 m	0.75	1.25 m	0.75	1.2 m	0.75	1.15 m	0.75	1.10 m	0.75
		1.25 m	0	1.2 m	0	1.15 m	0	1.10 m	0	0.95 m	0
3	6 x 10 mtr Shuttle Run	17.5 sec	3.00	18 sec	3.00	18.5 sec	3.00	19 sec	3.00	19.5 sec	3.00
		18 sec	1.50	18.5 sec	1.50	19 sec	1.50	19.5 sec	1.50	20 sec	1.50
		18.5 sec	0.75	19 sec	0.75	19.5 sec	0.75	20 sec	0.75	20.5 sec	0.75
		19 sec	0	19.5 sec	0	20 sec	0	20.5 sec	0	21 sec	0
4	Bend and Reach Test	4 cm	3.00	3.5 cm	3.00	3 cm	3.00	2.5 cm	3.00	2 cm	3.00
		3.5 cm	1.50	3 cm	1.50	2.5 cm	1.50	2 cm	1.50	1.5 cm	1.50
		3 cm	0.75	2.5 cm	0.75	2 cm	0.75	1.5 cm	0.75	1 cm	0.75
		2.5 cm	0	2 cm	0	1.5 cm	0	1 cm	0	0.5 cm	0

5	1600 mtr Run	9:00.0	3.00	9:30.0 Min	3.00	10:00.0 Min	3.00	10:30.0	3.00	11:00.0	3.00
		9:30.0	1.50	10:00.0 Min	1.50	10:30.0	1.50	11:00.0	1.50	11:30.0	1.50
		10:00.0	0.75	10:30.0 Min	0.75	11:00.0	0.75	11:30.0	0.75	12:00.0	0.75
		10:30.0	0	11:00.0 Min	0	11:30.0	0	12:00.0	0	12:30.0	0

Note: The Score shall be allotted by following the below mentioned guidelines:

1. Score shall be awarded as per the scale from 0-3
2. Score shall be awarded for Male/ Female separately.
3. Maximum score shall be 15.
4. It is compulsory for all the trainees to attempt and complete all the Tests.

#### X. EVALUATION CRITERIA FOR PARA SPORT ATHLETES – DIPLOMA IN SPORTS COACHING:

Applications under the Para Sport category shall be considered only for the notified para-sport disciplines and respective classifications. Para Sport Athletes shall be evaluated based on prescribed eligibility criteria, educational marks, sports achievements, written test and a General Fitness Test adapted to the respective impairment classifications.

Admission to the Diploma in Sports Coaching course under the Para Sport category shall be restricted to the following disciplines:

Sr. No.	Sports Discipline	Classification
1	Para-Athletics	T/F12-13, T/F35-38, T/F40-47, T/F62/64, F57
2	Para-Badminton	SL3-4, SU5, SH6
3	Para-Shooting	SH-1 (Non-Wheelchair User)
4	Para-Archery	Open Category

#### ELIGIBILITY CRITERIA FOR CATEGORY -A\* (DIRECT ADMISSION FOR PARA SPORTS ATHLETES):

<b>Minimum Educational Qualifications:</b>	<b>Graduation in Any Stream with 45% marks</b>
<b>Sports Achievements:</b>	<ul style="list-style-type: none"> <li>• Participation in Paralympic Games</li> <li>• Medal Winners of Senior World Para Championships</li> <li>• Gold/ Silver/Bronze Medal winners in Asian Para/Commonwealth Games</li> <li>• Medal Winners in Senior Asian Para/Commonwealth Championships/Junior World Para Championships</li> <li>• Medal Winners in World Military Games</li> </ul>

- Other conditions shall be similar to the non-Para applicants mentioned in the category A.

#### ELIGIBILITY CRITERIA FOR CATEGORY -B (FOR PARA SPORTS ATHLETES):

<b>Minimum Educational Qualifications:</b>	<b>Graduation in Any Stream with 50% marks, 5% relaxation shall be given to the candidate belonging to SC/ST category</b>
<b>Sports Achievements:</b>	<p>Athletes who meet any one of the following criteria:</p> <ul style="list-style-type: none"> <li>• Participated in a major internationally recognized Para-Competition</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• Won at least one medal and participated at least two times in any of the following:</li> <li>• Recognized Senior Para-National Championships</li> <li>• Khelo India Para Games</li> </ul>

**MARKS FOR SPORTS ACHIEVEMENTS (FOR PARA SPORTS ATHLETES):**

<b>Sr. No.</b>	<b>Sports Achievements*</b>	<b>Marks Allotted</b>
1	<ul style="list-style-type: none"> <li>• Participation in Paralympic Games</li> <li>• Medal Winners of Senior World Para Championships</li> <li>• Gold Medal winners in Asian Para/Commonwealth Games</li> </ul>	<b>20</b>
2	<ul style="list-style-type: none"> <li>• Silver/Bronze Medal in Asian Para/ Commonwealth Games</li> <li>• Medal Winners in Senior Asian Para/Commonwealth Championships / Junior World Para Championships</li> <li>• Medal Winners in World Military Games</li> </ul>	<b>15</b>
3	<ul style="list-style-type: none"> <li>• Participation in Asian Para/Commonwealth Games/Senior World Para or Asian Para or Commonwealth Championships</li> <li>• Participation in: World Military Games</li> </ul>	<b>10</b>
4	<ul style="list-style-type: none"> <li>• Medal Winners in Senior Para-National Championship</li> </ul>	<b>05</b>

*\*Only the highest sports qualification will be considered for marks grading subject to submission of the document at the time of the application itself.*

**\*MARKS FOR EDUCATIONAL QUALIFICATION SHALL BE SIMILAR TO NON-PARA ATHLETES MENTIONED IN TABLE VI.**

**NORMS FOR FITNESS TESTS OF PARA ATHLETES:**

Candidates shall be required to undergo the General Fitness Test (05 marks) and Sports-Specific Skill Test (20 marks) as part of the admission process, and both shall carry weightage in the overall merit. Age and Gender wise Norms for conduct of General Fitness Test for PG Diploma in Sports Coaching Course is as under:

**I. General Fitness Test (05 marks) any 2 test needs to be performed by the trainee:**

**A. GENERAL FITNESS TEST NORMS FOR MALE PARA ATHLETE CANDIDATE:**

**A. Proposed Test -1**

**Fitness Test Norms for Male Athlete Candidate: For Para-Athletics: - T/F12-13: -**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.00 sec	7.50	5.20 sec	7.50	5.40 sec	7.50	5.60 sec	7.50	5.80 sec	7.50
		5.20 sec	4.50	5.40 sec	4.50	5.60 sec	4.50	5.80 sec	4.50	6.00 sec	4.50
		5.40 sec	1.50	5.60 sec	1.50	5.80 sec	1.50	6.00 sec	1.50	6.20 sec	1.50
		5.60 sec	0	5.80 sec	0	6.00 sec	0	6.20 sec	0	6.40 sec	0
2	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
3	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
4	1600mtr Run	8:00 Min	7.50	8:30 Min	7.50	9:00 Min	7.50	9:30 Min	7.50	10:00 Min	7.50
		8:30 Min	4.50	9:00 Min	4.50	9:30 Min	4.50	10:00 Min	4.50	10:30 Min	4.50
		9:00 Min	1.50	9:30 Min	1.50	10:00 Min	1.50	10:30 Min	1.50	11:00 Min	1.50
		9:30 Min	0	10:00 Min	0	10:30 Min	0	11:00 Min	0	11:30 Min	0

**Proposed Test-2**

**For Para-Athletics: - T/F35, F40, T/F42 & T/F62: -**

**For Para-Archery: - Open Category**

**Para-Shooting: - SH-1 (If they can 30M Flying Sprint)**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50	6.40 sec	7.50
		5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50	6.60 sec	4.50
		6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50	6.80 sec	1.50
		6.20 sec	0	6.40 sec	0	6.60 sec	0	6.80 sec	0	7.00 sec	0
2	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
3	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
4	1600mtr Run	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50	11:30 Min	7.50
		10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50	12:00 Min	4.50
		10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50	12:30 Min	1.50
		11:00 Min	0	11:30 Min	0	12:00 Min	0	12:30 Min	0	13:00 Min	0

**Proposed Test-3****For Para-Athletics: - T/F36 & F41: -****For Para-Badminton: - SU5**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.40 sec	7.50	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50
		5.60 sec	4.50	5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50
		5.80 sec	1.50	6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50
		6.00 sec	0	6.20 sec	0	6.40 sec	0	6.60 sec	0	6.80 sec	0
2	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
3	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0m	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
4	1600mtr Run	9:00 Min	7.50	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50
		9:30 Min	4.50	10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50
		10:00 Min	1.50	10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50
		10:30 Min	0	11:00 Min	0	11:30 Min	0	12:00 Min	0	12:30 Min	0

**Proposed Test-4****For Para-Athletics: - T/F37, T/F43-44, F57 & T/F64: -**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	5.20 sec	7.50	5.40 sec	7.50	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50
		5.40 sec	4.50	5.60 sec	4.50	5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50
		5.60 sec	1.50	5.80 sec	1.50	6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50
		5.80 sec	0	6.00 sec	0	6.20 sec	0	6.40 sec	0	6.60 sec	0
<b>2</b>	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
<b>3</b>	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
<b>4</b>	1600mtr Run	8:30 Min	7.50	9:00 Min	7.50	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50
		9:00 Min	4.50	9:30 Min	4.50	10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50
		9:30 Min	1.50	10:00 Min	1.50	10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50
		10:00 Min	0	10:30 Min	0	11:00 Min	0	11:30 Min	0	12:00 Min	0

**Proposed Test-5****For Para-Athletics: - T/F38, T/F45-47: -**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	5.00 sec	7.50	5.20 sec	7.50	5.40 sec	7.50	5.60 sec	7.50	5.80 sec	7.50
		5.20 sec	4.50	5.40 sec	4.50	5.60 sec	4.50	5.80 sec	4.50	6.00 sec	4.50
		5.40 sec	1.50	5.60 sec	1.50	5.80 sec	1.50	6.00 sec	1.50	6.20 sec	1.50
		5.60 sec	0	5.80 sec	0	6.00 sec	0	6.20 sec	0	6.40 sec	0
<b>2</b>	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
<b>3</b>	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
<b>4</b>	1600mtr Run	8:00 Min	7.50	8:30 Min	7.50	9:00 Min	7.50	9:30 Min	7.50	10:00 Min	7.50
		8:30 Min	4.50	9:00 Min	4.50	9:30 Min	4.50	10:00 Min	4.50	10:30 Min	4.50
		9:00 Min	1.50	9:30 Min	1.50	10:00 Min	1.50	10:30 Min	1.50	11:00 Min	1.50
		9:30 Min	0	10:00 Min	0	10:30 Min	0	11:00 Min	0	11:30 Min	0

**Proposed Test-6**

**For Para-Badminton: - SL3-4: -**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	5.85 sec	7.50	6.05 sec	7.50	6.25 sec	7.50	6.45 sec	7.50	6.65 sec	7.50
		6.05 sec	4.50	6.25 sec	4.50	6.45 sec	4.50	6.65 sec	4.50	6.85 sec	4.50
		6.25 sec	1.50	6.45 sec	1.50	6.65 sec	1.50	6.85 sec	1.50	7.05 sec	1.50
		6.45 sec	0	6.65 sec	0	6.85 sec	0	7.05 sec	0	6.45 sec	0
<b>2</b>	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
<b>3</b>	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
<b>4</b>	1600mtr Run	9:55 Min	7.50	10:25 Min	7.50	10:55 Min	7.50	11:25 Min	7.50	11:55 Min	7.50
		10:25 Min	4.50	10:55 Min	4.50	11:25 Min	4.50	11:55 Min	4.50	12:25 Min	4.50
		10:55 Min	1.50	11:25 Min	1.50	11:55 Min	1.50	12:25 Min	1.50	12:55 Min	1.50
		11:25 Min	0	11:55 Min	0	12:25 Min	0	12:55 Min	0	13:25 Min	0

**Proposed Test-7**

**For Para-Badminton: - SH6: -**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.40 sec	7.50	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50
		5.60 sec	4.50	5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50
		5.80 sec	1.50	6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50
		6.00 sec	0	6.20 sec	0	6.40 sec	0	6.60 sec	0	6.80 sec	0
2	Standing broad jump	1.55 m	7.50	1.50 m	7.50	1.45 m	7.50	1.40 m	7.50	1.35 m	7.50
		1.50 m	4.50	1.45 m	4.50	1.40 m	4.50	1.35 m	4.50	1.30 m	4.50
		1.45 m	1.50	1.40 m	1.50	1.35 m	1.50	1.30 m	1.50	1.25 m	1.50
		1.40 m	0	1.35 m	0	1.30 m	0	1.25 m	0	1.20 m	0
3	Bend and Reach Test	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50	2.5 cm	7.50
		4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50	2.0 cm	4.50
		3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50	1.5 cm	1.50
		3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0	1.0 cm	0
4	1600mtr Run	8:50 Min	7.50	9:20 Min	7.50	9:50 Min	7.50	10:20 Min	7.50	10:50 Min	7.50
		9:20 Min	4.50	9:50 Min	4.50	10:20 Min	4.50	10:50 Min	4.50	11:20 Min	4.50
		9:50 Min	1.50	10:20 Min	1.50	10:50 Min	1.50	11:20 Min	1.50	11:50 Min	1.50
		10:20 Min	0	10:50 Min	0	11:20 Min	0	11:50 Min	0	12:20 Min	0

**B. GENERAL FITNESS TEST NORMS FOR FEMALE PARA ATHLETE CANDIDATE:**

**Proposed Test - 1**

**Para Athletics T/F12-13**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50	6.40 sec	7.50
		5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50	6.60 sec	4.50
		6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50	6.80 sec	1.50
		6.20 sec	0	6.40 sec	0	6.60 sec	0	6.80 sec	0	7.00 sec	0
2	Standing broad jump	1.40 m	7.50	1.35 m	7.50	1.30 m	7.50	1.25 m	7.50	1.20 m	7.50
		1.35 m	4.50	1.30 m	4.50	1.25 m	4.50	1.20 m	4.50	1.15 m	4.50
		1.30 m	1.50	1.25 m	1.50	1.20 m	1.50	1.15 m	1.50	1.10 m	1.50
		1.25 m	0	1.20 m	0	1.15 m	0	1.10 m	0	1.05 m	0
3	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
4	1600mtr Run	9:00 Min	7.50	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50
		9:30 Min	4.50	10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50
		10:00 Min	1.50	10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50
		10:30 Min	0	11:00 Min	0	11:30 Min	0	12:00 Min	0	12:30 Min	0

**Proposed Test - 2****Para Athletics T/F35, F40, T/F42, T/F62, Archery-Open Category, Shooting SH1**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	6.00 sec	7.50	6.20 sec	7.50	6.40 sec	7.50	6.60 sec	7.50	6.80 sec	7.50
		6.20 sec	4.50	6.40 sec	4.50	6.60 sec	4.50	6.80 sec	4.50	7.00 sec	4.50
		6.40 sec	1.50	6.60 sec	1.50	6.80 sec	1.50	7.00 sec	1.50	7.20 sec	1.50
		6.60 sec	0	6.80 sec	0	7.00 sec	0	7.20 sec	0	7.40 sec	0
<b>2</b>	Standing broad jump	1.35 m	7.50	1.30 m	7.50	1.25 m	7.50	1.20 m	7.50	1.15 m	7.50
		1.30 m	4.50	1.25 m	4.50	1.20 m	4.50	1.15 m	4.50	1.10 m	4.50
		1.25 m	1.50	1.20 m	1.50	1.15 m	1.50	1.10 m	1.50	1.05 m	1.50
		1.20 m	0	1.15 m	0	1.10 m	0	1.05 m	0	1.00 m	0
<b>3</b>	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
<b>4</b>	1600mtr Run	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50	11:30 Min	7.50	12:00 Min	7.50
		10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50	12:00 Min	4.50	12:30 Min	4.50
		11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50	12:30 Min	1.50	13:00 Min	1.50
		11:30 Min	0	12:00 Min	0	12:30 Min	0	13:00 Min	0	13:30 Min	0

**Proposed Test - 3****Para Athletics T/F36, F41, Badminton SU5**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50	6.40 sec	7.50	6.60 sec	7.50
		6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50	6.60 sec	4.50	6.80 sec	4.50
		6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50	6.80 sec	1.50	7.00 sec	1.50
		6.40 sec	0	6.60 sec	0	6.80 sec	0	7.00 sec	0	7.20 sec	0
<b>2</b>	Standing broad jump	1.38 m	7.50	1.33 m	7.50	1.28 m	7.50	1.23 m	7.50	1.18 m	7.50
		1.33 m	4.50	1.28 m	4.50	1.23 m	4.50	1.18 m	4.50	1.13 m	4.50
		1.28 m	1.50	1.23 m	1.50	1.18 m	1.50	1.13 m	1.50	1.08 m	1.50
		1.23 m	0	1.18 m	0	1.13 m	0	1.08 m	0	1.03 m	0
<b>3</b>	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
<b>4</b>	1600mtr Run	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50	11:30 Min	7.50
		10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50	12:00 Min	4.50
		10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50	12:30 Min	1.50
		11:00 Min	0	11:30 Min	0	12:00 Min	0	12:30 Min	0	13:00 Min	0

**Proposed Test - 4****Para Athletics T/F37, F57, T/F64**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	5.60 sec	7.50	5.80 sec	7.50	6.00 sec	7.50	6.20 sec	7.50	6.40 sec	7.50
		5.80 sec	4.50	6.00 sec	4.50	6.20 sec	4.50	6.40 sec	4.50	6.60 sec	4.50
		6.00 sec	1.50	6.20 sec	1.50	6.40 sec	1.50	6.60 sec	1.50	6.80 sec	1.50
		6.20 sec	0	6.40 sec	0	6.60 sec	0	6.80 sec	0	7.00 sec	0
<b>2</b>	Standing broad jump	1.38 m	7.50	1.33 m	7.50	1.28 m	7.50	1.23 m	7.50	1.18 m	7.50
		1.33 m	4.50	1.28 m	4.50	1.23 m	4.50	1.18 m	4.50	1.13 m	4.50
		1.28 m	1.50	1.23 m	1.50	1.18 m	1.50	1.13 m	1.50	1.08 m	1.50
		1.23 m	0	1.18 m	0	1.13 m	0	1.08 m	0	1.03 m	0
<b>3</b>	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
<b>4</b>	1600mtr Run	9:20 Min	7.50	9:50 Min	7.50	10:20 Min	7.50	10:50 Min	7.50	11:20 Min	7.50
		9:50 Min	4.50	10:20 Min	4.50	10:50 Min	4.50	11:20 Min	4.50	11:50 Min	4.50
		10:20 Min	1.50	10:50 Min	1.50	11:20 Min	1.50	11:50 Min	1.50	12:20 Min	1.50
		10:50 Min	0	11:20 Min	0	11:50 Min	0	12:20 Min	0	12:50 Min	0

**Proposed Test - 5**

**Para Athletics T/F38, T/F45-47**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.50 sec	7.50	5.70 sec	7.50	5.90 sec	7.50	6.10 sec	7.50	6.30 sec	7.50
		5.70 sec	4.50	5.90 sec	4.50	6.10 sec	4.50	6.30 sec	4.50	6.50 sec	4.50
		5.90 sec	1.50	6.10 sec	1.50	6.30 sec	1.50	6.50 sec	1.50	6.70 sec	1.50
		6.10 sec	0	6.30 sec	0	6.50 sec	0	6.70 sec	0	6.90 sec	0
2	Standing broad jump	1.40 m	7.50	1.35 m	7.50	1.30 m	7.50	1.25 m	7.50	1.20 m	7.50
		1.35 m	4.50	1.30 m	4.50	1.25 m	4.50	1.20 m	4.50	1.15 m	4.50
		1.30 m	1.50	1.25 m	1.50	1.20 m	1.50	1.15 m	1.50	1.10 m	1.50
		1.25 m	0	1.20 m	0	1.15 m	0	1.10 m	0	1.05 m	0
3	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
4	1600mtr Run	9:30 Min	7.50	10:00 Min	7.50	10:30 Min	7.50	11:00 Min	7.50	11:30 Min	7.50
		10:00 Min	4.50	10:30 Min	4.50	11:00 Min	4.50	11:30 Min	4.50	12:00 Min	4.50
		10:30 Min	1.50	11:00 Min	1.50	11:30 Min	1.50	12:00 Min	1.50	12:30 Min	1.50
		11:00 Min	0	11:30 Min	0	12:00 Min	0	12:30 Min	0	13:00 Min	0

**Proposed Test - 6**  
**Badminton SL3-4**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
<b>1</b>	30mtr. Flying sprint	6.45 sec	7.50	6.65 sec	7.50	6.85 sec	7.50	7.05 sec	7.50	7.25 sec	7.50
		6.65 sec	4.50	6.85 sec	4.50	7.05 sec	4.50	7.25 sec	4.50	7.45 sec	4.50
		6.85 sec	1.50	7.05 sec	1.50	7.25 sec	1.50	7.45 sec	1.50	7.65 sec	1.50
		7.05 sec	0	7.25 sec	0	7.45 sec	0	7.65 sec	0	7.85 sec	0
<b>2</b>	Standing broad jump	1.35 m	7.50	1.30 m	7.50	1.25 m	7.50	1.20 m	7.50	1.15 m	7.50
		1.30 m	4.50	1.25 m	4.50	1.20 m	4.50	1.15 m	4.50	1.10 m	4.50
		1.25 m	1.50	1.20 m	1.50	1.15 m	1.50	1.10 m	1.50	1.05 m	1.50
		1.20 m	0	1.15 m	0	1.10 m	0	1.05 m	0	1.00 m	0
<b>3</b>	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
<b>4</b>	1600mtr Run	10:45 Min	7.50	11:15 Min	7.50	11:45 Min	7.50	12:15 Min	7.50	12:45 Min	7.50
		11:15 Min	4.50	11:45 Min	4.50	12:15 Min	4.50	12:45 Min	4.50	13:15 Min	4.50
		11:45 Min	1.50	12:15 Min	1.50	12:45 Min	1.50	13:15 Min	1.50	13:45 Min	1.50
		12:15 Min	0	12:45 Min	0	13:15 Min	0	13:45 Min	0	14:15 Min	0

**Proposed Test - 7**  
**Badminton SH6**

Sr. No.	Test	21-30 Years	Score	31-35 Years	Score	36-40 Years	Score	41-45 Years	Score	46-50 Years	Score
1	30mtr. Flying sprint	5.90 sec	7.50	6.10 sec	7.50	6.30 sec	7.50	6.50 sec	7.50	6.70 sec	7.50
		6.10 sec	4.50	6.30 sec	4.50	6.50 sec	4.50	6.70 sec	4.50	6.90 sec	4.50
		6.30 sec	1.50	6.50 sec	1.50	6.70 sec	1.50	6.90 sec	1.50	7.10 sec	1.50
		6.50 sec	0	6.70 sec	0	6.90 sec	0	7.10 sec	0	7.30 sec	0
2	Standing broad jump	1.38 m	7.50	1.33 m	7.50	1.28 m	7.50	1.23 m	7.50	1.18 m	7.50
		1.33 m	4.50	1.28 m	4.50	1.23 m	4.50	1.18 m	4.50	1.13 m	4.50
		1.28 m	1.50	1.23 m	1.50	1.18 m	1.50	1.13 m	1.50	1.08 m	1.50
		1.23 m	0	1.18 m	0	1.13 m	0	1.08 m	0	1.03 m	0
3	Bend and Reach Test	5.0 cm	7.50	4.5 cm	7.50	4.0 cm	7.50	3.5 cm	7.50	3.0 cm	7.50
		4.5 cm	4.50	4.0 cm	4.50	3.5 cm	4.50	3.0 cm	4.50	2.5 cm	4.50
		4.0 cm	1.50	3.5 cm	1.50	3.0 cm	1.50	2.5 cm	1.50	2.0 cm	1.50
		3.5 cm	0	3.0 cm	0	2.5 cm	0	2.0 cm	0	1.5 cm	0
4	1600mtr Run	9:50 Min	7.50	10:20 Min	7.50	10:50 Min	7.50	11:20 Min	7.50	11:50 Min	7.50
		10:20 Min	4.50	10:50 Min	4.50	11:20 Min	4.50	11:50 Min	4.50	12:20 Min	4.50
		10:50 Min	1.50	11:20 Min	1.50	11:50 Min	1.50	12:20 Min	1.50	12:50 Min	1.50
		11:20 Min	0	11:50 Min	0	12:20 Min	0	12:50 Min	0	13:20 Min	0

**Mandatory Guidelines for the submission of Documents by the students:**

1. Submission of a Physical and Medical fitness certificate from Registered Medical Practitioners is compulsory before admission to the course.
2. Submission of undertaking regarding character and antecedents as per the format prescribed in the prospectus.
3. Submission of migration certificate and affidavit for the gap year, if applicable.
4. No candidate in employment (whole-time, part-time, or honorary service) shall be eligible to take admission in a PG Diploma in Sports Coaching without taking leave from the employer institution/ office, etc., from the date of admission to the termination of a one-year course. One has to submit an affidavit in this regard. If found violating this rule, necessary action shall be taken against the candidate.

## Admission Schedule

SN	Programme	Dates
1.	Bachelor of Physical Education and Sports (4 years) BPES	20.04.2026 to 08.07.2026
2.	B.Sc. Sports Science	20.04.2026 to 08.07.2026
3.	Master of Physical Education and Sports (2 years), MPES	20.04.2026 to 08.07.2026
4.	MSc (Sports Science)	20.04.2026 to 08.07.2026
5.	Ph.D. in Physical Education	20.04.2026 to 08.07.2026
6.	PG Diploma in other Disciplines (Sports Psychology, Sports Nutrition, Sports Management, Strength and Conditioning, Sports Journalism and Mass Communication)	20.04.2026 to 08.07.2026
7.	PG Diploma in Sports Coaching (Archery, Athletics, Badminton, Basketball, Boxing, Cricket, Fencing, Football, Handball, Hockey, Judo, Kabaddi, Lawn-Tennis, Netball, Swimming, Shooting, Taekwondo, Volleyball, Wrestling, Yogasana)	20.04.2026 to 08.07.2026

*-In special circumstances, the Vice-Chancellor may allow the late submission of admission forms.*

### The Dates of Physical Fitness Test/Document Verification

SN	Programme	Dates
1.	Bachelor of Physical Education and Sports (4 years) BPES	14.07.2026
2.	B.Sc. Sports Science	15.07.2026
3.	Master of Physical Education and Sports (2 years), MPES	15.07.2026
4.	MSc Sports Science	15.07.2026
5.	PG Diploma in Sports Coaching (Archery, Athletics, Badminton, Basketball, Boxing, Cricket, Fencing, Football, Handball, Hockey, Judo, Kabaddi, Lawn-Tennis, Netball, Swimming, Shooting, Taekwondo, Volleyball, Wrestling, Yogasana)	Physical Fitness Test, including document verification: 16.07.2026 Written and Sports skill proficiency tests: 17.07.2026
6.	PG Diploma in other Disciplines (Sports Psychology, Sports Nutrition, Sports Management, Strength and Conditioning, Sports Journalism and Mass Communication)	18.07.2026

### Display of Merit Lists for UG and PG Programmes

The dates of display of various merit lists and changes in the schedule for UG & PG admission, if any, shall be made available on the Sports University of Haryana website, i.e., [www.suoh.ac.in](http://www.suoh.ac.in). The candidates are advised to visit the website regularly for any such updates. However, the tentative dates of display of other merit lists are as follows:

SN	Merit List	Display Date	Fee Submission Up to
1.	First Merit List	20.07.2026	23.07.2026

2. Second Merit List	24.07.2026	27.07.2026
3. Third Merit List	28.07.2026	30.07.2026

The academic session 2026-27 will commence on August 1, 2026.

**PhD** Document Verification and Admission will be as per the New UGC Guidelines, which include JRF, NET, or NET Scores as eligibility for admission. The final merit includes NET scores and an Interview. The details related to the Ph.D. results will be displayed separately on the SUOH website.

### **Distribution and Reservation of Seats**

Seat reservations will be made as per the Reservation Policy of the Haryana Govt. and are subject to change/amendment made by the Haryana State Government from time to time.

Category	Percentage
<b>A) All India Open Category Seats (Including Haryana State) (AIC)</b>	<b>15% of the sanctioned intake</b>
Economically Weaker Section (EWS) as per Central Govt. Policy	10% of All India Open Category seats
<b>B) State Quota</b>	<b>85% of the sanctioned intake</b>
<b>(b-1) Haryana Open General Category (HOGC)</b>	<b>53% of the State Quota i.e., 45.05 % of the total intake</b>
Economically Weaker Section (EWS)	10% of Haryana Open General Category (HOGC) i.e., 4.25% of total intake
<b>(b-2) Reserved Categories of Haryana</b>	<b>47% of the State Quota i.e., 39.95% of the total intake</b>
Scheduled Caste (SC)	20% of State Quota (17% of total intake) <ul style="list-style-type: none"> <li>i. 10% of State Quota to Other Scheduled Castes (8.4% of Total Intake)</li> <li>ii. 10% of State Quota to Deprived Scheduled Castes (8.4% of Total Intake)</li> </ul>
<b>Backward Classes of Haryana</b>	<b>27% of State Quota (22.95% of total intake)</b>
i. Backward Classes of Haryana (BC-A)	16% of State Quota (13.6% of total intake)
ii. Backward Classes of Haryana (BC-B)	11% of State Quota (9.35% of total intake)
<b>PwBD</b>	5% of State quota (4.25% of total intake) If the seats reserved for persons with benchmark disability (PwBD) remain vacant due to the non-availability of suitable differently-abled candidates, they may be offered to Ex-servicemen and their wards (1%) and dependents of Freedom Fighters (1%). In this case, 01 seat out of the 3% state quota reserved for differently-abled persons, remains vacant, first

	priority may be given to the candidate (i.e. ESM & their wards and dependents of Freedom Fighter who will be higher in merit.
<p>Further, 3% horizontal reservation is also provided to Ex-servicemen/Freedom Fighters and their dependents by providing reservation within the reservation of 1% of the General category, 1% out of Scheduled Castes, and 1% from Backward Classes category for admissions to the various educational institutions of the Govt. and Govt. aided/institutes located in Haryana. As far as block allocation in Block A and Block B of the Backward Classes category is concerned, a year-wise rotational system will be adopted. For example, if Block A of Backward Classes is given seats in the Academic Year 2026, the next Block, i.e., B Block of the category of Backward Classes, will be given seats in the next academic year, i.e., 2027, and so on. The concerned Chairperson/Director of the Department/Institute shall maintain a roster register for horizontal reservation of Ex-servicemen/Freedom Fighter &amp; their dependents and carry forward all fractions till one seat is accumulated through different fractions over the year. When the total comes to one, a seat will be provided to the concerned category. Where a seat is set aside for a candidate from the deprived Scheduled Castes for admission in Government Educational Institution is not filled up in any academic year due to the non-availability of a candidate of the deprived Scheduled Castes possessing the requisite qualification, the same shall be made available to the candidate of Schedule Castes. Further, the admission committee may offer the vacant seats on a first-come-first-served basis after all the processes of the first, second, and third merit lists and physical counselling are over.</p>	

### Section-C (Academic Programme)

SN	Name of the Programme	Duration of the Programme	Eligibility for Admission	Seats Available for Admission	Medium of Instruction	Mode of Admission	Programme Fee
1	<b>Basics of Fitness and Sports Course</b>	<b>45 Hours (2 Credit)</b>	<b>Any student enrolled in nearby college/ university</b>	<b>50</b>	<b>English/ Hindi</b>	<b>Through parental college or university</b>	<b>Rs. 5000/-</b>

The programme of study is offered as a value-added course for any undergraduate programme or as a certificate course at nearby colleges/ universities.

## Section - II

### Miscellaneous Information

#### 1. Admission Procedure

Admission to all the programmes will be made through ONLINE mode only. All inquiries pertaining to admission must be addressed to the concerned department/ Institute/ Centre. The applicants should mention their Aadhar number in the admission application form. **Further, it would not be mandatory for students to stay in the hostel.**

#### 2. Assessment

As our pedagogy is learner-friendly, adequate opportunities are provided to the learners in terms of objective assessment of learning. The university has adopted the assessment scheme (as per the scheme of examination) for the majority as follows:

External Assessment 70%

Internal Assessment 30%

#### 3. Supernumerary Seats as per Ph.D. Ordinance

15% supernumerary seats shall be reserved for foreign students and 01 supernumerary seats in each subject shall be reserved for teachers/employees of the university who fulfill the requirement and eligibility.

#### 4. Other Rules & Guidelines Relating to Fee Structure

- a. The fee structure includes the examination fee
- b. Tuition fees and other dues will be payable for 6 months, i.e., semester-wise.
- c. The fee for any course may be changed by the University at any time; the same will be applicable to the students.

#### 5. Refund of Fee

The fee will be refunded as per UGC Fee refund policy

The fee will be refunded as per UGC Fee Refund Policy amended from time to time and presently as follows:

SN	Percentage of Refund of fees	Point of time when notice of withdrawal of admission is received in the HEI
(1)	100%	15 days or more before the formally-notified last date of admission

(2)	90%	Less than 15 days before the formally-notified last date of admission
(3)	80%	15 days or less after the formally-notified last date of admission
(4)	50%	30 days or less, but more than 15 days, after formally-notified last date of admission
(5)	00%	More than 30 days after formally-notified last date of admission

#### 6. Fee Transfer

In the event of a change of programme the fee deposited will not be refunded but can be transferred internally from one department/ programme to another with the prior approval of the concerned Head of the Department.

#### 7. Dates for Submission of Fee from Second Semester onwards

Semester	Last Date	With late fee of 200	With late fee of `500	With late fee of `1,000	After 30 days
<b>For Odd Semester</b>	30th August every year	for the first 10 days	For the first 15 days	Up to 30 days after the last date	Admission is to be cancelled, and the entire paid amount is to be forfeited
<b>For Even Semester</b>	Up to 30th January	for the first 10 days	for the first 15 days	Up to 30 days after the last date	

Late fees paid by a student shall not be refunded under any circumstances.

In case of any dispute on any matter printed in this prospectus, the university is free to amend, change, or delete anything from this prospectus and the decision of the Hon'ble Vice-Chancellor, Sports University of Haryana will be final.

### **Instructions/Guidelines for Filling Out Online Application Form for Admission**

Before applying online, a candidate should have the following:

- i) A scanned copy of passport-size Photograph and Signature
- ii) A scanned Copy of the original 10th DMC
- iii) A scanned Copy of the original DMC / result of the last qualifying exam
- iv) A scanned Copy of the original Caste Certificate, if applicable
- v) A scanned Copy of the original Creamy layer certificate, if applicable
- vi) A scanned Copy of the original Haryana Domicile, if applicable
- vii) A scanned Copy of the original Person with Benchmark Disability, if applicable

- viii) A scanned Copy of the original EWS Category, if applicable
- ix) A scanned Copy of the original Income certificate, if applicable
- x) If applicable, a scanned Copy of the original Pariwar Pehchan Patra (PPP) certificate.
- xi) A scanned Copy of the original ESM Certificate, if applicable
- xii) Mobile Number & E-mail ID
- xiii) Debit/Credit Card
- xiv) Undertaking regarding Gap Year, if applicable, as per the format in **Appendix-U**
- xv) Further details and updates will be available on the website [www.suoh.ac.in](http://www.suoh.ac.in)
- xvi) Only Online Mode is available for applications. The processing charge for submitting the online admission application is Rs. 500/—for the General Category and Rs. 125/—for SC/BC/ PwBD Candidates of Haryana only.

Please note that the income shown by the student shall be verified from the PPP certificate.

**Please note the Scanned copies of the above documents mentioned at i to xvi shall be uploaded by the students (if applicable)**

Go to the University Website [www.suoh.ac.in](http://www.suoh.ac.in)

- i) Please read the admission instructions before you start filling out the Online Application Form.
- ii) No registration will be allowed before or after stipulated registration dates.
- iii) A candidate can apply for multiple programmes through a single registration (fee will be charged on a per number of programmes selected.)
- iv) On the application form, items marked with \* are compulsory to be filled in.
- v) An OTP and verification mail shall be sent to your registered mobile no and email ID, after successful verification you can proceed further.
- vi) The candidate will pay the Online Admission Application Fee through the university SBI Collect, and QR Code for the same is as follows



- vii) The Application Form and Admit card will be shared with the applicants through the registered email ID or the official website.
- viii) You will not be informed about any activity by post. You are responsible for checking

- the website for all activities and updates.
- ix) Stay connected with the website [www.suoh.ac.in](http://www.suoh.ac.in) for updates. For any technical support/ assistance Admission Helpline / Enquiry No. 0130-2991854, 0130-2991853, 8960303000, 9991610954, 9589659793, 8950009906, 9758434006, 9425809951, 8699099009, 9617873536, 9340223353 or email: [academics@suoh.in](mailto:academics@suoh.in).
  - x) In the result awaited case, the applicant must produce the declared result one week prior to display of first admission merit list date.

## Prohibition of Ragging

“The instructions for curbing ragging as conveyed by the UGC vide letter No. 1- 15/2009 (ARC) pt. III dated 17.03.2017, in view of the judgment of the Hon’ble Supreme Court of India dated 08.05.2009 in Civil Appeal No. 887/2009 and also given in Chapter X be adhered to strictly (UGC Regulations on Curbing the Menace of Ragging in Higher Education Institutions, 2009, UGC website: [www.ugc.ac.in](http://www.ugc.ac.in) & the Haryana Prohibition of Ragging in Educational Institution Ordinance 2012): Ragging in educational institutions is banned and anyone indulging in ragging is likely to be punished appropriately. The punishment may include expulsion/suspension from the institution or classes for a limited period or a fine with a public apology. The punishment may also take the shape of:

- i. withholding or withdrawing scholarships or fellowships and other benefits and
- ii. forfeiting campus placement opportunities or recommendations.
- iii. debarring from appearing in any test or examination or another evaluation process
- iv. debarring from representing the educational institution in any reasonable, national or international meet, tournament, youth festival, etc.
- v. withholding results
- vi. suspension or expulsion from hostel or mess
- vii. cancellation of admission
- viii. lodging of FIR with the local police. If the individuals committing or abetting ragging are not/cannot be identified, collective punishment can be awarded to act as a deterrent.

Any disorderly conduct, whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness any other students, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear apprehension thereof in a fresher or junior students or asking the students to do any act or perform something which such students will not do in the ordinary Program and which has the effect of causing or generating a sense of shame or embarrassment to adversely affect the physique or psyche of a fresher or a junior student or any abuse through electronic media or wrongful confinement, use of criminal force, assault as well as a sexual offense, trespass, defamation or threat to defame will be deemed an act of ragging. Hon’ble Supreme Court of India in SPL (C) No. 24295/2004 in the matter of University of Kerala V/s Council of Principals, Colleges of Kerala and others has ordered that if any incident of ragging comes to the notice of the authority, the concerned student shall be given liberty to explain to if his/ her explanation is not found satisfactory, the authority would expel him/her from the Institution. The applicants, at the time of admission, are required to give an undertaking (Appendix-J & K) against ragging.

**APPENDIX- U**

**UNDERTAKING FOR GAP YEAR**

I \_\_\_\_\_ S/o., \_\_\_\_\_  
\_\_\_\_\_ resident of \_\_\_\_\_

\_\_\_\_\_ do hereby solemnly state & affirm as under:

- a. That I am a resident of above-said address.
- b. That I have passed \_\_\_\_\_ class in the year \_\_\_\_\_  
\_\_\_\_\_ from \_\_\_\_\_ School/College/Institute/  
University.
- c. That I have not joined/admitted in any School/College/Insti  
tution due to \_\_\_\_\_  
\_\_\_\_\_ (Reason).
- d. That there is \_\_\_\_\_ a GAP in \_\_\_\_\_ my studies  
from \_\_\_\_\_ to \_\_\_\_\_.
- e. That during this period I was not involved in an illegal activity and  
  
that no Criminal case is pending against me in any court of Law.
- f. That I command a good reputation and respect in general public.
- g. That I have not availed post matric scholarship for the same  
Program name or program from any College/University/Institute du  
ring the gap year.

Deponent (Student)

Verification: -

Verified that the contents of my above said undertaking are true correct to the best of my knowledge and belief and nothing has been concealed or misrepresented therein. In case the above facts are found incorrect any state then my admission can be cancelled by the University.

Date: .....

Place : .....

Deponent (Student)

## APPENDIX- J

### Anti ragging Declaration by the Student

1. I, (.....Full Name of the Student with admission/ registration/ enrollment No.) S/o, D/o Mr./Mrs./Ms..... having been admitted to..... (name of the institution) have carefully read—THE HARYANA PROHIBITION OF RAGGING EDUCATIONAL INSTITUTION ORDINANCE, 2012, and fully understood the provisions contained in the said ordinance.
2. I have, in particular, perused clause 2(f) of the ordinance and am aware as to what constitutes ragging.
3. I have also, in particular, perused clause 8 of the Ordinance and I am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of conspiracy to promote ragging.
4. I hereby solemnly aware and undertake that:
  - a) I will not indulge in any behavior or act that may be constituted as ragging under the ordinance.
  - b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under the Ordinance.
5. I hereby affirm that, if found guilty of ragging, I am liable for punishment according to Ordinance, without prejudice to any other criminal action that may be taken against me under any penal law or any, law for the time being in force.
6. I hereby declare that I have not been expelled or debarred from admission in any institution in the county on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this.....day of..... month of.....year.

Signature of the Student

Name:

**APPENDIX- K**

**Anti ragging Declaration by the Parent/ Guardian**

1. I, Mr./Mrs./Ms (Full name of parent/ guardian) father/mother/guardian of, (Full name of student with University Roll No.\_), having been admitted to\_ (name of the institution) have carefully read —THE HARYANA PROHIBITION OF RAGGING IN EDUCATIONAL INSTITUTION ORDINANCE, 2012 and fully understood the provisions contained in the said ordinance.
2. I have, in particular, perused clause 2(f) of the ordinance and am aware as to what constitute s ragging.
3. I have also, in particular, perused clause 8 of the Ordinance and I am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of conspiracy to promote ragging.
4. I hereby solemnly aware and undertake that:
  - a. My ward will not indulge in any behavior or act that may be constituted as ragging under the ordinance.
  - b. My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under the Ordinance.
5. I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to the Ordinance, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
6. I hereby declare that my ward has not been expelled or debarred from admission in any institution in the county on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this ..... day of  
.....month of  
.....year.

Signature of the  
Parent/ Guardian  
Name:  
Address:  
Telephone/ Mobile No. E-mail  
id:

## **APPENDIX- L**

### **UNDERTAKING REGARDING CHARACTER AND ANTECEDENTS**

(To be submitted by every candidate at the time of Admission)

#### **Candidate Details:**

<b>Particulars</b>	<b>Information</b>
Name of the Candidate Father's /	
Mother's Name Program	
Department	
Academic Session	
Registration / Application No. Aadhaar	
No.	
Mobile No.	
Email ID	

#### **UNDERTAKING**

I, \_\_\_\_\_, Son/Daughter of \_\_\_\_\_, do hereby solemnly affirm and declare that the statements made herein are true and correct to the best of my knowledge and belief.

#### **1. Criminal Antecedents:**

I declare that I have **not been convicted** by any Court of Law for any criminal offence involving moral turpitude or any heinous offence.

I further declare that no criminal case involving heinous offences such as **murder, rape, gang rape, kidnapping, trafficking, robbery, dacoity, terrorism, offences under the Protection of Children from Sexual Offences (POCSO) Act, offences under the Narcotic Drugs and Psychotropic Substances (NDPS) Act, or any other offence punishable with imprisonment of seven years or more**, is pending against me in which a competent Court has taken cognizance and framed charges.

## **2. Disclosure of Criminal Proceedings:**

I declare that I have truthfully disclosed all information, if any, relating to any FIR, criminal investigation, charge-sheet, criminal trial, conviction, acquittal, appeal or any pending criminal proceedings.

I understand that suppression, concealment or furnishing false information regarding any criminal matter shall render my admission liable for cancellation and may invite disciplinary and legal action as per the applicable laws and University Rules.

## **3. Anti-Doping Declaration:**

I declare that:

- I have **never been declared ineligible, suspended or banned** by the **National Anti-Doping Agency (NADA)**, **World Anti-Doping Agency (WADA)** or any National/International Sports Federation for violation of Anti-Doping Rules.
- No anti-doping disciplinary proceedings are pending against me. In case any such proceedings are pending, I have disclosed the complete facts to the University.

## **4. Character and Conduct:**

I declare that:

- I have never been expelled, rusticated, debarred or suspended by any University, Educational Institution, Sports Federation or Government Authority on account of misconduct, violence, ragging, fraud or any activity prejudicial to public order or institutional discipline.
- I shall maintain discipline, good conduct and uphold the dignity, reputation and rules of the Sports University of Haryana throughout my period of study.

## **5. Obligation to Inform the University:**

I undertake that if, after my admission, any criminal proceedings, anti-doping proceedings or any other matter affecting the declarations made herein arise against me, I shall immediately inform the University in writing.

## **6. Declaration:**

I hereby certify that the information furnished above is true, complete and correct. I fully understand the consequences of furnishing false information or suppressing any material fact.

I voluntarily execute this undertaking without any coercion or undue influence and shall remain bound by the provisions contained herein.

Place:

Name of the Student:

Date:

Signature of the Candidate:

## Verification by Parent / Guardian:

I, \_\_\_\_\_, Father/Mother/Guardian of the above named candidate, hereby verify that the contents of this undertaking are true and correct to the best of my knowledge and belief. I understand that if any declaration made by my ward is found to be false or misleading, the University shall be competent to take action in accordance with its Rules and applicable laws.

Place: Date:

Mobile No.

Name of Parent/Guardian:

Signature of Parent/Guardian:

Relationship:

### **For Office Use Only:**

Verified by: \_\_\_\_\_

Designation: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/20\_\_\_\_

Signature: \_\_\_\_\_

**UNDERTAKING BY OSC AND DSC CANDIDATES (FAMILY INCOME BELOW ₹2.50 LAKH) AVAILING FEE CONCESSION**

I, \_\_\_\_\_ (Full Name of the Student), Son/Daughter of \_\_\_\_\_, resident of \_\_\_\_\_, have been provisionally admitted to the \_\_\_\_\_ (Course Name) under the Other Scheduled Caste (OSC)/Deprived Scheduled Caste (DSC) category at Kurukshetra University.

I hereby solemnly declare and undertake as under:

1. That my family's annual income is below ₹2,50,000 (Rupees Two Lakh Fifty Thousand only), and I am eligible to apply for the Post Matric Scholarship Scheme of the Government.
2. That I shall submit my application for the Post Matric Scholarship through the prescribed online/offline mode within the stipulated time as notified by the competent authority.
3. That I understand the fee concession granted by the University is provisional and subject to my eligibility under the Post Matric Scholarship Scheme.
4. That immediately upon receipt of the scholarship amount, I shall deposit the prescribed University fee, if not already adjusted, in accordance with the applicable rules.
5. That in the event I fail to apply for the Post Matric Scholarship within the prescribed time, or my scholarship application is rejected due to any reason attributable to me, including but not limited to furnishing incorrect information, submission of false or incomplete documents, or non-compliance with the prescribed guidelines, I shall be personally liable to pay the entire prescribed fee and all other dues payable to the University.
6. That I understand and agree that failure to comply with the above conditions shall entitle the University to recover the outstanding dues and take appropriate action in accordance with the University Rules and Regulations, including withholding of examination results, issue of certificates, continuation of studies, or any other action deemed appropriate.

I hereby affirm that the information furnished above is true, complete, and correct to the best of my knowledge and belief. I understand that if any information furnished by me is found to be false or incorrect at any stage, my admission and fee concession shall be liable to cancellation without prejudice to any other action that may be taken by the University.

**Date:** \_\_\_\_\_

**Place:** \_\_\_\_\_

**Signature of the Student:** \_\_\_\_\_

**Name of the Student:** \_\_\_\_\_

## List of Deprived Scheduled Castes (DSC) and Other Scheduled Castes (OSC) in Haryana

Sr. No.	Sr. No. in GOI List	Name of the Caste	Category
1	1	Ad Dharmi	DSC
2	1A	Aheria, Aheri, Hari, Heri, Thori, Turi	DSC
3	2	Balmiki, Chura, Bhangi	DSC
4	3	Bangali	DSC
5	4	Brar, Burar, Berar	DSC
6	5	Batwal, Barwala	DSC
7	6	Bauria, Bawaria	DSC
8	7	Bazigar	DSC
9	8	Bhanjra	DSC
10	9	Chamar, Jatia Chamar, Rehgar, Raigar, Ramdasi, Ravidasi, Balahi, Batoi, Bhatoi, Bhambi, Chamar-Rohidas, Jatav, Jatava, Mochi, Ramdasia	OSC
11	10	Chanal	DSC
12	11	Dagi	DSC
13	12	Darain	DSC
14	13	Daha, Dhaya, Dhea	DSC
15	14	Dhanak	DSC
16	15	Dhogri, Dhangri, Saggi	DSC
17	16	Dumna, Mahasha, Doom	DSC
18	17	Gagra	DSC
19	18	Gandhila, Gandil, Gondola	DSC
20	19	Kabirpanthi, Julaha, Kabirpanthi Julaha	DSC
21	20	Khatik	DSC
22	21	Kori, Koli	DSC
23	22	Marija, Marecha	DSC
24	23	Mazhabi, Mazhabi Sikh	DSC
25	24	Megh, Meghwal	DSC
26	25	Nat, Badi	DSC
27	26	Od	DSC
28	27	Pasi	DSC
29	28	Perna	DSC
30	29	Pherera	DSC
31	29A	Rai Sikh	DSC
32	30	Sanhai	DSC
33	31	Sanhal	DSC
34	32	Sansi, Bhedkut, Manesh	DSC
35	33	Sansoi	DSC
36	34	Sapela, Sopera	DSC
37	35	Sarera	DSC
38	36	Sikligar, Bariya	DSC
39	37	Sirkiband	DSC

**Annexure: O****List of Backward Classes in Haryana  
Block-A**

<b>Sr. No.</b>	<b>Name of the Caste</b>	<b>Sr. No.</b>	<b>Name of the Caste</b>	<b>Sr. No.</b>	<b>Name of the Caste</b>
1	Naik	25	Gorkhas	49	Raigar
2	Barra	26	Gawala, Gowala	50	—
3	Beta, Hensi or Hesi	27	Gadaria, Pal, Bagnel Diaya	51	Rechband
4	Bagria	28	Garhi-Lohar	52	Shorgir, Shergir
5	Barwar	29	Hajjam, Nai, Naie, Sain	53	Soi
6	Barai, Tamboli	30	Jhangra Brahman, Khati, Suthar, Dhiman Brahmin, Tarkhan, Barahai, Baddi	54	Singhikant, Singiwala
7	Baragi, Bairagi, Swami, Sadh	31	Joginath, Jogi, Nath, Yogi	55	Sunar, Zargar, Soni
8	Battera	32	Kanjar or Kanchan	56	Thathera, Tamera
9	Bharbhunja, Bharbuja	33	Kurmi	57	Teli
10	Bhat, Bhatra, Darpi, Ramiya	34	Kumhars, Prajapati	58	Banzara, Banjara
11	Bhuhalia Lohar	35	Kamboj	59	Weaver (Julaha)
12	Changar	36	Kanghera	60	Badi/Baddon
13	Chirimar	37	Kuchband	61	Bhattu/Chattu
14	Chang	38	Labana	62	Mina
15	Chimba, Chhipi, Chimpa, Darzi, Rohilla	39	Lakhera, Manihar, Kachera	63	Rahbari
16	Daiya	40	Lohar, Panchal-Brahmin	64	Charan
17	Dhobis	41	Madri	65	Chaaraj (Mahabrahman)
18	Dakaut	42	Mochi	66	Udasin
19	Dhimar, Mallah, Kashyap Rajpoot, Kahar, Jhinwar, Dhinwar, Khewat, Mehra, Nishad, Sakka, Bishti, Sheikh-Abbasi	43	Mirasi	67	Ramgarhia
20	Dhosali, Dosali	44	Nar	68	Rangrez, Lilgar, Nilgar, Lallari
21	Faquir	45	Noongar	69	Dawala, Soni- Dawala, Nyaaria
22	Gwaria, Gauria or Gwar	46	Nalband	70	Bhar, Rajbhar

<b>Sr. No.</b>	<b>Name of the Caste</b>	<b>Sr. No.</b>	<b>Name of the Caste</b>	<b>Sr. No.</b>	<b>Name of the Caste</b>
23	Ghirath	47	Pinja, Penja	71	Nat (Muslim)
24	Ghasi, Ghasiara or Ghosi	48	Rehar, Rehara or Re	72	Jangam

**Block-B**

<b>Sr. No.</b>	<b>Name of the Caste</b>
1	Ahir/Yadav
2	Gujjar
3	Lodh/Lodha/Lodhi
4	Saini, Shakya, Koeri, Kushwaha, Maurya
5	Meo
6	Gosai/Gosain/Goswami

---

***Note: At present, Raigar, Mochi, Weaver (Julaha) (BC), Julaha (SC), and Badi castes appear in both the Scheduled Castes and Backward Classes lists. Persons belonging to these castes who are not covered under the Scheduled Castes on account of being Non-Hindus or Non-Sikhs shall be entitled to claim the benefits only under the Backward Classes category.***

**UNDERTAKING REGARDING NON-INDULGENCE IN SEXUAL HARASSMENT**

I, \_\_\_\_\_, S/o/D/o \_\_\_\_\_, Roll No. \_\_\_\_\_, enrolled in the Programme \_\_\_\_\_ at the Sports University of Haryana, Rai, Sonipat, hereby solemnly undertake that:

1. I have read and understood the provisions of the UGC (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulations, 2015, and the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, as applicable.
2. I shall maintain the highest standards of dignity, respect, equality, and professional conduct towards all students, faculty members, officers, employees, visitors, and other members of the University community.
3. I shall not indulge in any act of sexual harassment, including but not limited to unwelcome physical contact or advances, demands or requests for sexual favours, sexually coloured remarks, showing pornography, stalking, inappropriate messages, online harassment, or any other unwelcome conduct of a sexual nature, whether in person or through electronic or social media platforms.
4. I shall not engage in any behaviour that creates an intimidating, hostile, humiliating, or offensive environment for any member of the University community.
5. I shall comply with all the rules, regulations, ordinances, codes of conduct, and directions issued by the University from time to time regarding the prevention and prohibition of sexual harassment.
6. I understand that any complaint of sexual harassment against me shall be dealt with in accordance with the applicable laws, UGC Regulations, and the University's rules through the Internal Committee (IC) or any other competent authority.
7. I further understand that if I am found guilty of sexual harassment after due inquiry, I shall be liable for disciplinary action as prescribed under the applicable laws, UGC Regulations, and the rules and regulations of the University, which may include suspension, expulsion, cancellation of admission, withholding of results/degree, or any other penalty deemed appropriate.

I hereby declare that the information furnished above is true and correct to the best of my knowledge, and I shall abide by this undertaking throughout my period of study at the Sports University of Haryana.

**Name of Student:** \_\_\_\_\_

**Programme:** \_\_\_\_\_

**Roll No.:** \_\_\_\_\_

**Academic Session:** \_\_\_\_\_

**Mobile No.:** \_\_\_\_\_

**Signature of Student:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Place:** SUOH, Rai, Sonipat, Haryana

